

PERSONAL SOCIAL HEALTH EDUCATION (PSHE)

1. Principles

1.1 PSHE is implicit in all we do as a College and is also given some explicit curriculum time.

PSHE helps students:

- a) To learn about themselves as growing, changing individuals and as members of their community.
- b) To take more responsibility for themselves and so plan and manage their choices.
- c) To continue to develop a healthy lifestyle.
- d) To become more aware of the views, needs and rights of people of all ages and in all places.
- e) To make the most of opportunities to take part as active citizens in the life of the College and its communities.

2. Procedures

- 2.1 Taught PSHE time includes input from Health Education, citizenship and careers and guidance. In Year 7 PSHE is incorporated into the Opening Minds curriculum led by the Tutor. Year 8 have one tutorial lesson each week which provides the main PSHE input; this is led by the tutor. This programme includes ten lessons of specific health input led by a PSHE specialist. Year 9 have one PSHE lesson each week led by a specialist teacher in the areas of Mental Health, Drugs and Alcohol, Sex Education, Citizenship and Careers. PSHE and Citizenship is extensive throughout Years 10 and 11 with students receiving four collapsed timetable days on PSHE themes and an ongoing provision delivered through Religious Education three times a fortnight throughout Key Stage 4. In addition, Year 10 students all receive a dedicated half-term of discreet PSHE focussing on Sex and Relationships Education. Years 12 and 13 have one PSHE lesson each week led by the tutor.
- 2.2 Details of the PSHE taught curriculum are sent to parents annually as part of the year books; parents are informed here of their right to remove a child from the PSHE taught curriculum.
- 2.3 PSHE is included in the annual tutor's report to parents to recognise a student's contribution to the College and wider community.
- 2.4 The PSHE curriculum accords with the College policies on sex and relationships, drugs and food and nutrition.
- 2.5 The PSHE Curriculum accords with the QCA Guidelines for PSHE and is reviewed annually. Schemes of work ensure progression throughout years 7-13.
- 2.6 The PSHE curriculum is mapped against the Every Child Matters agenda.
- 2.7 PSHE is delivered by a specialist team of five staff led by a Head of Department and an Assistant Team Leader.

- 2.8 The PSHE provision is reviewed by the College's Self Evaluation procedures of team review, barometer group feedback and lesson observations. This is led by the PSHE link leadership team member.
- 2.9 The PSHE curriculum includes a planned progressive programme of drugs and sexual health education which compliments the College's policies on drugs and sex and relationships.

3. Review of Policy

This policy is reviewed every three years by the Community Committee of the Governing Body.

**Ratified by the Community Committee of the Governing Body
27th September 2010**